

Dear partners,

I would like to thank you for your commitment to the Cheshire and Merseyside Resilience Hub since it was launched in direct response to the unprecedented challenges and demands of the COVID-19 pandemic.

As you may be aware, funding required to continue to provide this service ceased in March this year. Due to this, CMRH will need to start enacting a wind-down trajectory – meaning that CMRH will stop taking new one-to-one assessment referrals on 26 June. This is to ensure those on the current list will be seen with adequate time and resources.

The phased wind-down trajectory of the Hub does not mean that wellbeing support stops. Organisations across Cheshire and Merseyside will continue to provide health and wellbeing services, support and guidance for all staff.

The psychological health and wellbeing support provided by the Cheshire and Merseyside Resilience Hub to the health, social care and emergency services workforce of Cheshire and Merseyside has been essential to ensure staff have access to the right support to meet their needs and enables good health outcomes across the region's population.

The timeline below shows the planned wind-down:

- Outreach: The Hub currently provides outreach sessions across the region, these have ceased being face-to-face and were moved to a more digitalised approach from April 2023.
- Team Support: New referrals for systemic team support stopped on 17 May 2023.
- Self-referrals for one-to-one psychological support: The referral portal will close for new referrals on 26 June 2023.

The Resilience Hub will continue to provide informative webinars and workshops, pastoral pathways advice, regular communications and virtual psychoeducational groups until 31 March 2024.

We want to thank you for your continued support. Since the service began, it has engaged, worked with and provided support for over 10,000 staff members across Cheshire and Merseyside.

Kind regards,

Chris Samosa Chief People Officer at NHS Cheshire and Merseyside