

Frequently Asked Questions - CMRH close-down:

1. Why is CMRH closing down?

CMRH was set up with 40 other nationwide hubs during the covid19 pandemic to help alleviate pressure on frontline staff and to provide staff with specific platforms for mental health support.

Funding was agreed to run until March 2023. Over the last few months, conversations took place from the ICB & ICS, as to what a funding model could look like going forward.

Due to lack of confirmed funding, we need to enact a close down trajectory to ensure that clients on current waiting lists and those who are in active therapy receive treatment with adequate time and resources.

2. When will CMRH stop services?

March 2024 will be the services closure date. 1-2-1 psychological support referrals stopped taking place in June 2023.

3. How will the wind down affect my treatment?

If by 26th June 2023 you are in one of the following stages with us:

- Waiting for an assessment
- Assessment
- Waiting for therapy
- In therapy

Your treatment will continue as normal and as described in your care plan.

The purpose of the close down trajectory is to ensure those who have reached out for support are seen with adequate time and resources.

If after the referral close date and you are looking for health and support, it is recommended that you refer to your organisations health and wellbeing team to understand what options are available to you.

4. I'm worried that I haven't been contacted by CMRH.

Please don't be. Whilst every effort will be made to ensure you receive the right support, we are currently working through a short backlog of referrals.

Extra time and priority is currently been given to this to ensure we meet deadlines.

Any referral received before 26th June 2023 will be processed and clients will

be contacted by the hub in due course.

One of the key priorities for the hub is to ensure active communication takes place from CMRH to our partners. We encourage you check in with your internal wellbeing team.

5. I'm on the waiting list and worried about my mental health.

Whilst we understand the close down trajectory can cause added stress, we want to reassure you that if you are currently on waiting lists for either assessment or therapy or are receiving active therapy at the moment – no changes will take place.

You will still be seen as normal. The CMRH team will be routinely contacting everyone under our service for a check .

If you require urgent or immediate mental health support, please contact:

Mersey Care footprint: 0800 145 6570

Halton /Knowsley / St Helens/ Warrington 0800 051 1508

Wigan: 0800 051 3253

Cheshire and Wirral footprint: 0800 145 6485

Lancashire and South Cumbria: 0800 953 0110

6. Will the website still be available after June 26th?

Yes. The CMRH website will be available until March 2024 – after this, we will have a [google drive](#) available with download support materials until September 2024.